



ourplace

The alliance of
the Open Door and the Upper Room
919 Pandora Ave., Victoria, B.C. V8V 3P4



Volunteer's Newsletter

#8 - Sept. 20, 2006 Bruce More - Editor
Our E-mail address: volunteerourplace@shaw.ca



Volunteer Appreciation Day at St. Ann's

The Value of the Volunteer

Our Place understands this value, we acknowledge the heartfelt time so freely offered, the desire to serve those in our community who need us most. What a great afternoon we had on Sept. 7 at St. Ann's! Seeing so many sharing with fellowship, food and recreation gave me a strong sense of "WE". Ourplace realizes that opportunity must be made for the volunteer team to unite and grow. Resources for workshops and training.... a comfortable working environment.... healthier and progressive working relationship with staff and volunteers.... all required elements of the near future. Together we will be able to offer our inner city family so much more. Many, many thanks to Ruth, it just wouldn't have happened without you. You're one of the best.

Bob Frank, volunteer coordinator

Donations

Our space is limited and we can no longer accept all the donations we used to. (Please, no household items, large or small.) We need: Towels; Clothing- seasonal garments, socks, trousers, shirts, undergarments, footwear, belts; Bedding- blankets, sleeping bags, ground mats; Toiletries- feminine hygiene products, razors, toothbrushes, tooth paste, deodorant, brushes & combs, Knapsacks, Backpacks, small tents.; Non-perishable foods: Canned or other dry packaged foods, coffee.

Volunteer Shifts

7am-10am 10am-1pm 1pm-4pm

Safety Corner

Volunteers working the floor are asked to monitor tables where the family are seen to be sleeping. If possible this surface should be thoroughly wiped with disinfectant before being reoccupied by others. (Do you drool in your sleep???)

Volunteer Help Line

Volunteers wishing information about any aspect of their work at ourplace are encouraged to call 385-2454 or 388-7112. Either Bob or a volunteer team leader will be happy to call back and help in whatever way.

The "parts" of ourplace

Ourplace drop in centre - 713 Johnson

- Office
 - Coffee Bar
 - Outreach workers
 - Clothing & toiletries room
 - Outreach programme
 - Individual assistance:
 - advocacy, referrals, emergency medical aid, transportation to detox, visitations to home, hospital or jail.
- Ourplace - 919 Pandora
- Administrative Office
 - Soup kitchen 2 meals a day, 6 days a week
 - Rooms: 22 short term furnished rooms for men
 - Small clothing room & toiletries
 - Counselling services

Drop-in centre hours:

Mon to Fri 7 am thru 3:00 pm

How do I volunteer?

Please call either 385-2454 or 388-7112 and ask for an appointment for volunteering.

Volunteers needed at Ourplace - Pandora

	Lunch	Dinner
Mon	none	none
Tues	1-2	none
Wed	2	none
Thurs	2-3	none
Fri	3-4	2-3
Sat	2-3	3-4

Workshops & Courses

These free workshops are not hosted by Our Place, but have much related value for anyone who is interested.

Where: 108- 1218 Wharf St. (on the waterfront directly opposite Hyack air terminal)
When: Tuesday and Thursday evenings, from 7 pm to 9 pm

1. Healthy Communication... Tues, Sept. 26 & Thurs, Sept. 28 or Tues, Nov 7 & Thurs, Nov 9

2. Handling Strong Emotions... Tues, Oct 3 & Thurs, Oct 5 or Tues, Nov 14 & Thurs, Nov 16

3. Problem Solving and Conflict Management ... Tues, Oct 10 & Thurs, Oct 12 or Tues, Nov 21 & Thurs, Nov 23

Call 386-4331 to register for any of these courses